

MUUK



/SPA

Hotel Xcaret México

TREATMENTS

Muluk

In Maya mythology, one of the calendar signs associated with water is called "Muluk" and means "cosmic seed".

Muluk is related to the renewal of the lunar cycles and is represented in the form of a drop of water in this fascinating culture's calendar.

This symbol is in harmony with the etymological origin of the word "spa" -Salus Per Aquam or health through water- thus integrating different cultures and wellness philosophies.

Muluk tells the Maya people:

*"Drink from my clear waters.
Cleanse yourselves with my rain, receive my divine water.
Divine seed of knowledge.
Know yourself.
Keep your gaze simple..."*

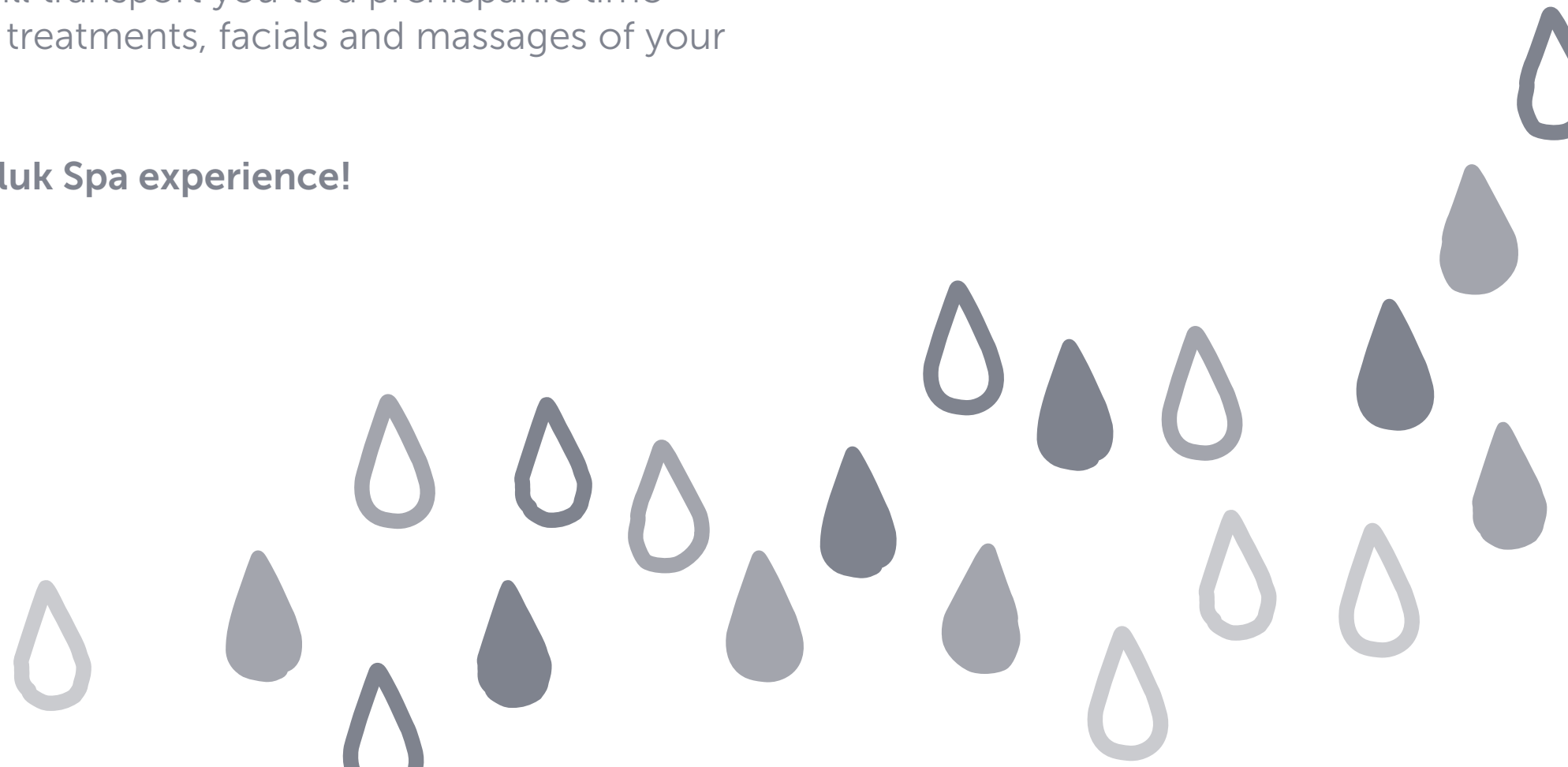


With the environment in mind and inspired by ancestral traditions, **Muluk Spa** is a natural sanctuary surrounded by the paradise where we find ourselves.

Our signature cabins are housed in unique caverns in the Riviera Maya, and the preparation, relaxation and healing areas are embraced by the river and the magical jungle that surrounds us.

Everything is carefully designed for you to enjoy a beautiful experience that will transport you to a prehispanic time through the body treatments, facials and massages of your choice.

Let's start the Muluk Spa experience!





/ Massages

Hotel Xcaret México



BACK MASSAGE

25 minutes

Specially designed to eliminate tension from the head, neck, shoulders and back.

PERSONALIZED MASSAGE

50 or 80 minutes

It adapts to the current needs of your body using different techniques: Swedish, sports and/or deep tissue massage.

GOURDS MASSAGE

50 or 80 minutes

It combines the use of gourds, hands, acupressure and the Lomi Lomi technique to relax and create a complete experience.

CH'A' ÓOL MASSAGE

50 minutes

Pamper yourself with a gel-based full-body massage to calm, regenerate and moisture your skin.

RELAXING FOOT MASSAGE

25 minutes

A massage with copal oil that relaxes your muscles, provides a wellness sensation and reduces accumulated fatigue.

REFLEXOLOGY MASSAGE

50 minutes

Ideal for those who need to pamper their feet, hands and head with acupressure techniques.

AROMA MASSAGE

50 or 80 minutes

A wise selection of subtle massage, controlled pressures and essential oils.

MATERNAL MASSAGE

50 minutes

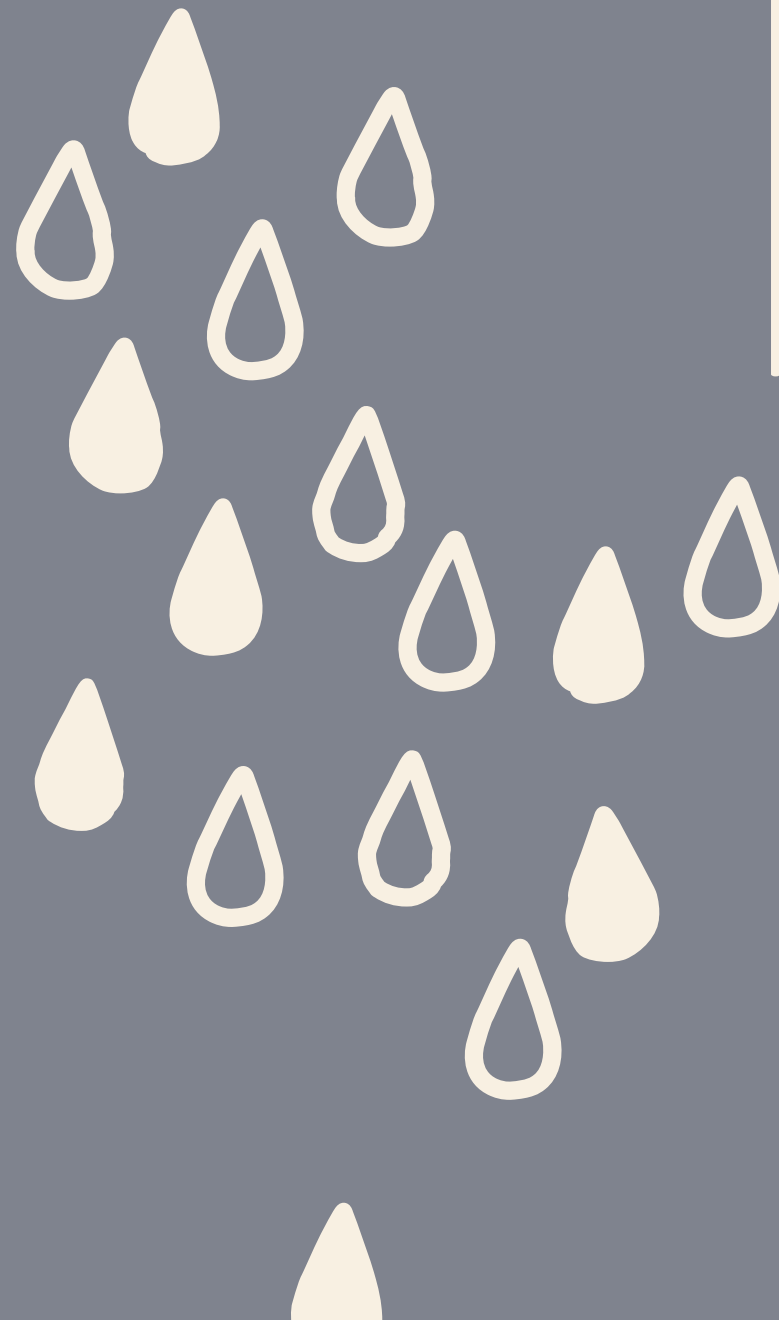
Relaxing massage for future mothers who are between 4 and 7 months pregnant. It provides comfort in the areas of tension and relieves fatigue from a very pleasant position.





/ Rituals

Hotel Xcaret México



YAAKUN RITUAL

105 minutes

Relax your mind with a delicious back mask, followed by a soft feet exfoliation and a full-body massage with chocolate oil.

ORGANIC RITUAL

125 minutes

An experience that will revitalize your mind, body, and soul through a nutritive exfoliant, a massage with organic candles and a moisturizing facial with an agave regenerator phytocomplex.

/ Facials



REFRESHING FACIAL

25 minutes

A refreshing experience that will give your face a quick cleanse and instantly restore its natural glow.

ICH FACIAL

80 minutes

Green apple anti-aging facial with a multivitamin emollient serum that will nourish your skin, accompanied by a delicious and firming facial massage.

UINIC FACIAL

50 minutes

Ideal for sensitive or oily skin that restores health to your face thanks to its healing properties, which balance the natural skin pH.

EEK' FACIAL

50 minutes

With flash effect and two powerful options to choose from: Lumafirm for immediate firmness or Stem Cells to revitalize skin from its deepest layers.

GENTLEMEN'S MAY FACIAL

50 minutes

Moisturizing and purifying treatment with activated charcoal designed especially for men's skin.





/ Organic Treatments

AGAVE EXFOLIATION

25 minutes

Full body exfoliation with blue agave and aloe vera.

ORGANIC FACIAL

50 minutes

Moisturizing facial for all skin types that will restore vitality to your face thanks to its energizing Phytocomplex from the organic Mexican agave plant.

ORGANIC CANDLE MASSAGE

50 or 80 minutes

Relaxing massage that combines the warmth of an organic candle with the magical benefits of ancestral aromatherapy.



/ Experiences



SOUND THERAPY

60 minutes

Upon request and subject to availability.

Deep relaxation created through the permeability of sound in our body that brings our nervous system to a natural state facilitating the release of fear, stress, loneliness and depression.

HYDROTHERAPY

60 minutes



/ Beauty Salon

Located on the first floor of Casa Agua



BASIC MANICURE

BASIC PEDICURE

JATS 'UTS MANICURE

JATS 'UTS PEDICURE

HANDS OR FEET NAIL POLISH CHANGE

HANDS OR FEET FRENCH MANICURE

NAIL POLISH GEL

NAIL POLISH GEL REMOVAL

Pregunte por nuestros servicios de peinado, maquillaje y depilación.

/ Waxing



EYEBROWS OR MOUSTACHE OR ARMPIT

FULL ARMS

HALF LEGS

FULL LEGS

BIKINI



/ Hair

GENTLEMAN'S CUT

LADY'S CUT

LADY'S SHORT HAIR BLOW DRY

LADY'S LONG HAIR BLOW DRY

LADY'S SHORT HAIR IRONING

LADY'S LONG HAIR IRONING

LADY'S SHORT HAIR STYLING

LADY'S LONG HAIR STYLING

BRIDE'S HAIR STYLING

MAKE-UP

/ Spa Etiquette



Welcome to the Spa

You must arrive 30 minutes before your appointment to carry out the registration process and fill in the form.

Delays

Delaying your appointment will mean that your treatment time is reduced and/or cannot be carried out as designed.

Important


- The minimum age to use the facilities is 18 years old.
- You may not bring food or drinks into the spa, including alcoholic beverages.
- For your own safety, we are prohibited from serving people under the influence of alcohol or drugs.
- To preserve the harmony in the spa, we ask you to turn off your cell phone and any type of alarm.
- Muluk Spa is not responsible for lost or forgotten objects inside our facilities. Please leave your jewelry or valuables in the safety deposit box in your suite.

Health Conditions


Your wellbeing is our priority: we will provide you with a Health Conditions form for you to fill in and share with us any condition you may have, such as pregnancy, allergies, recent operations or medical treatments.


Cancellation Policy

Cancellations and changes to service time or date must be made 24 hours before your appointment. After this time period, a charge of 50% of the total value of service will be made and there will be no refund. You may make a new appointment, subject to our availability. If you do not show up on the day of your appointment a 100% no show penalty will be charged and there will be no refund.



/ SCHEDULE AND RESERVATIONS





The spa is open from Monday to Sunday
from 9:00 am to 8:00 pm.

Appointments are required for services.
Reservations are subject to availability.

For reservations, please call extensions 32701
and 32811 or email us at dxrecepspa@xcaret.com



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